

# PANTHER DAYS SCHEDULE

2023



FRIDAY, AUGUST 25 - SUNDAY, AUGUST 27

A NEW STUDENT EXPERIENCE

# Friday, August 25

8:00 AM - 4:30 PM	MOVE-IN	
5:00 PM - 5:30 PM	GROUP MEETING	MARY LYON LAWN AND HUB LAWN
5:45 PM - 6:15 PM	WELCOME ADDRESS	MARY LYON LAWN
6:15 PM	CLASS PICTURE	SILVER CENTER AMPHITHEATER
6:30 PM - 8:00 PM	DINNER & SHOW	MARY LYON LAWN
8:00 PM - 9:00 PM	FLOOR MEETINGS COMMUTER WELCOME	FYRE RESIDENTIAL HALLS PEMI'S COMMUTER DEN- HUB
9:00 PM	BINGO NIGHT	SMITH RECITAL HALL, SILVER CENTER

# Saturday, August 26

7:00 AM - 9:00 AM	GRAB & GO BREAKFAST	HUB FIREPLACE LOUNGE
9:00 AM - 9:45 AM	GROUP MEETING	MARY LYON LAWN AND HUB LAWN
10:00 AM - 11:00 AM	SHOT OF REALITY (A)* / DIVERSITY & EQUITY AT PSU (B)*	HANNAWAY THEATER, SILVER CENTER (A) / HUB COURTROOM (B)
11:30 AM - 12:30 PM	SHOT OF REALITY (B)* / DIVERSITY & EQUITY AT PSU (A)*	HANNAWAY THEATER, SILVER CENTER (B) / HUB COURTROOM (A)
12:30 PM - 2:00 PM	LUNCH	PROSPECT DINING HALL
2:00 PM - 2:45 PM	GROUP MEETING	MARY LYON LAWN AND HUB LAWN
3:00 PM - 4:00 PM	THE C WORD: CONSENT (A)* / STRESSED AF (B)*	HANNAWAY THEATER, SILVER CENTER (A) / HUB COURTROOM (B)
4:30 PM - 5:30 PM	THE C WORD: CONSENT (B)* / STRESSED AF (A)*	HANNAWAY THEATER, SILVER CENTER (B) / HUB COURTROOM (A)
5:30 PM	DINNER	PROSPECT DINING HALL
8:00 PM	IMPROV COMEDY SHOW	HANNAWAY THEATER, SILVER CENTER

# Sunday, August 27

10:00 AM	FINAL GROUP MEETING	MARY LYON LAWN AND HUB LAWN
1:00 PM - 3:00 PM	HUB FEST	MARY LYON LAWN
8:00 PM	MOVIE ON THE LAWN (Neighbors)	MARY LYON LAWN

## Educational Session Descriptions

### Shot of Reality

Shot of Reality is an alcohol awareness show that was created out of serious, painstaking research but performed by two professional comedians who make the topic engaging. Covering multiple facets of responsible alcohol use, this engaging show balances a powerful combination of levity and realistic discussion.

### Stressed AF

College is a major life change, which can be both an exciting and stressful time. Since stress directly affects our mental and physical health, a student's quality of life depends on how they handle the stress they encounter. Stressed AF is a presentation that provides the necessary tools to identify and combat stress in order to learn to live happily with stress.

### The C Word: Consent

The C-Word: Consent is an educational, highly interactive, Title IX-compliant program. This program uses a combination of audience interaction, improv exercises, and thoroughly researched information to break down walls and have a frank, difficult, but needed conversation about sex, bystander intervention, effective boundary setting, online behavior, and survivor resources.

### Diversity & Equity at PSU

This session is an honest, no-offense-taken, collaborative conversation between the facilitators and participants about the reality of diversity in this country, in higher education, and on a personal level. As much as this conversation is about diversity, it's also about being a leader, stepping outside of our own comfort zones to understand others, and knowing when to lead others to a higher level. It's about how we can all get the most from our relationships and achieve what we want collectively.



\*ULTIMATE JACKPOT REQUIRED EVENTS

