**Getcha Goals**

*1. Write an* ***easy goal****, which you can* ***accomplish quickly****, in each of the* ***stars*** *in the* ***last row*** (the red).

**(EACH star should have a DIFFERENT goal that is related to the ABC’s of good health)**

*2. Write* ***how*** *that goal can* ***accomplish*** *in each of the bubbles that are in the first row* (the green)*.*

**C**

**B**

**A**