

If you are concerned about any of the topics covered in this study, or if you would like more information or reading material on this topic, please contact the Title IX Coordinator.

Local Resources:	
Janette Wiggett, Title IX Coordinator Frost House Plymouth State University	1-603-535-2206 jtwiggett@plymouth.edu https://campus.plymouth.edu/titleIX-sexual-assault/
Voices Against Violence (Off-campus crisis services agency)	24/7 Hotline: 1-603-536-1659 Phone/TTY: 1-603-536-5999 www.voicesagainstviolence.net
Plymouth State University Counseling Center	1-603-535-2461
Lakes Region Mental Health	1-603-524-1100
Plymouth State University Police	Business Line: 1-603-535-2330 Police Emergency Request Services: 1-603-536-1626 Ambulance/Fire/Police: 9-1-1
Plymouth Police Department	Police Emergency Request Services: 1-603-536-1626 Ambulance/Fire/Police: 9-1-1
Apps for your device (free for students with plymouth.edu email address):	
uSafeUS app	https://usafeus.org/
WellTrack app	https://welltrack.com/
National Resources:	
National Domestic Violence Hotline	1-800-799-SAFE (7233) TTY: 1-800-787-3224 http://www.thehotline.org/
Rape, Abuse, and Incest National Network (RAINN)	1-800-656-HOPE (4673) https://rainn.org/
National Sexual Violence Resource Center	http://www.nsvrc.org/
National Stalking Helpline	1-808-802-0300 http://www.stalkinghelpline.org/
Safe Helpline Sexual Assault for the DoD Community	1-877-995-5247 https://online.safehelpline.org/
National Center on Domestic Violence, Trauma, and Mental Health	www.nationalcenterdvtraumamh.org/survivors
Love Is Respect – Dating Abuse Helpline	1-866-331-9474 https://www.loveisrespect.org
Stalking Resource Center	1-202-467-8700 https://www.victimsofcrime.org/our-programs/stalking-resource-center