PANTHER DAYS SCHEDULE



FRIDAY, AUGUST 23 - SUNDAY, AUGUST 25

A NEW STUDENT EXPERIENCE

Friday, August 23

8:00 AM - 4:30 PM	MOVE-IN	
5:00 PM - 5:30 PM	GROUP MEETING	MARY LYON LAWN AND HUB LAWN
5:45 PM - 6:15 PM	WELCOME ADDRESS	MARY LYON LAWN
6:15 PM	CLASS PICTURE	SILVER CENTER AMPHITHEATER
6:30 PM - 8:00 PM	DINNER & LIVE BAND KARAOKE	MARY LYON LAWN
8:00 PM - 9:00 PM	FLOOR MEETINGS COMMUTER WELCOME	FYRE RESIDENTIAL HALLS PEMI'S COMMUTER DEN - HUB
9:00 PM	BINGO NIGHT	HAGE ROOM - HUB

Saturday, August 24

7:00 AM - 9:00 AM	GRAB & GO BREAKFAST	HUB FIREPLACE LOUNGE
9:00 AM - 9:45 AM	GROUP MEETING	MARY LYON LAWN & HUB LAWN
10:00 AM - 11:00 AM	THE C WORD: CONSENT (A)* / DIVERSITY & EQUITY AT PSU (B)*	HANAWAY THEATRE, SILVER CENTER (A) / HUB COURTROOM (B)
11:30 AM - 12:30 PM	THE C WORD: CONSENT (B)* / DIVERSITY & EQUITY AT PSU (A)*	HANAWAY THEATRE, SILVER CENTER (B) / HUB COURTROOM (A)
12:30 PM - 2:00 PM	LUNCH	PROSPECT DINING HALL
2:00 PM - 2:45 PM	GROUP MEETING	MARY LYON LAWN & HUB LAWN
3:00 PM - 4: 00 PM	SHOT OF REALITY (A)* / STRESSED AF (B)*	HANAWAY THEATRE, SILVER CENTER (A) / HUB COURTROOM (B)
4:30 PM - 5:30 PM	SHOT OF REALITY (B)* / STRESSED AF (A)*	HANAWAY THEATRE, SILVER CENTER (B) / HUB COURTROOM (A)
5:30 PM	DINNER	PROSPECT DINING HALL
8:00 PM	IMPROV COMEDY SHOW	HANAWAY THEATRE, SILVER CENTER

Sunday, August 25

10:00 AM	FINAL GROUP MEETING	MARY LYON LAWN AND HUB LAWN
1:00 PM - 3:00 PM	HUBFEST	HARTMAN UNION BUILDING (HUB)
8:00 PM	MOVIE ON THE LAWN	MARY LYON LAWN

Educational Session Descriptions

Shot of Reality

A Shot of Reality is an alcohol awareness show that was created out of serious, painstaking research, but performed by two professional comedians who make the topic engaging. Covering multiple facets of responsible alcohol use, the show keeps students engaged with a powerful combination of levity and realistic discussion.

Stressed AF

College is a major life change, which can be both an exciting and stressful time. Since stress directly affects our mental and physical health, a student's quality of life depends on how they handle the stress they encounter. Stressed AF is a presentation that provides the necessary tools to identify and combat stress in order to learn to live happily with stress.

The C Word: Consent

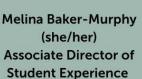
The C Word: Consent is an educations, highly interactive, Title IX-compliant program. This program uses a combination of audience interaction, improv exercises, and thoroughly researched information to break down walls and have a frank, difficult, but needed conversation about sex, bystander intervention, effective boundary setting, online behavior, and survivor resources.

Diversity & Equity at PSU

This session is an honest, no-offense-taken, collaborative conversation between the facilitators and participants about the reality of diversity in this country, in higher education, and on a personal level. As much as this conversation is about diversity, it's also about being a leader, stepping outside of our own comfort zones to understand others, and knowing when to lead others to a higher level. It's about how we can all get the most from our relationships and what we want collectively.

MEST THE pays parther Days TEAM







Brianna Sorensen (she/her) Assistant Director of Student Engagement



Dana Reese (she/her) Orientation Coordinator



Ramsey Colby
(he/him)
Orientation Coordinator

HOW TO GET INVOLVED



Join us for Weekend Programming



Movie Nights, Bingo, and More!