

Major: Exercise & Sport Physiology, Option: 3+2

First Year		Second Year		Third Year		Fourth Year		Gen Ed Perspectives	
HHP 1000 Intro to HHP Disciplines 0	Professional Skills Course* 1.5	PE 3570 Kinesiology 3 Or EX 3580 Exercise Physiology 3	EX 3580 Exercise Physiology 3 Or PE 3570 Kinesiology 3	PE 3720 Motor Learning 3	EX 4520 P&T of S&C 3	EX 5210 Advanced Exercise Physiology 3	Capstone EX 5410 Applied Research 4		Students can move these around into any Gen Ed block.
EX 2755 Intro to Exercise Science 3	MA 2300 Stats (Math Foundations) 3	EX 3750 Exercise Physiology Lab 1 (Only needed with EX 3580)	EX 3750 Exercise Physiology Lab 1 (Only needed with EX 3580)	EX 3860 Exercise Testing & Prescription 3	EX 4525 P&T of S&C Lab 1	EX 5220 Advanced Exercise Physiology Lab 1	EX 5520 Advanced Exercise Testing & ECG 4		Need total of 16 credits Directions <hr/> Self and Society (SSDI) 4
IS 1115 Tackling a Wicked Problem 4	BI 2120 Anatomy & Physiology II 3	CH 2335 General Chemistry I (QRCO) 4	CH 2340 General Chemistry II (QRCO) 4	EX 3865 Exercise Testing & Prescription Lab 1	EX 4770 Exercise Physiology for Special Populations (WRCO) 3	EX 5310 Research Methods in Exercise Science 3	EX 5730 Advanced Topics in Exercise Physiology 4		Past and Present (PPDI) 4  Creative Thought (CTDI) 4
EN 1200 English Composition 4	BI 2140 Anatomy & Phys II Lab 1	General Education** CTDI 4	HE 2500 First Aid & CPR/AED 1.5	General Education (DICO) 3	Psychology option: PBH 3210 Social & Behavioral Health Psychology 4 Or CC 3860 Psychological Aspects of Sport 3***	EX 5500 Graduate Seminar in Exercise Science 3	EX 5700 Advanced Practicum in Exercise Science 4		Any Additional 4 Credit Direction Course  Diversity (DICO) 3
BI 2110 Anatomy & Physiology I 3	General Education** SSDI 4	Professional Skills Course* 1.5	General Education (WECO) 3	General Education (GACO) 3	General Education (INCP) 4	EX 5610 Advanced Strength & Conditioning 4			Wellness (WECO) 3
BI 2130 Anatomy & Phys I Lab 1	General Education** PPDI 4		General Education** CTDI or PPDI or SSDI 4	HE 3220 Applied Nutrition 3					Integrated Capstone (INCP) 4
15	16.5	12.5- 13.5	15.5-16.5	16	14-15	14	16		= 120

\*Professional skills courses: PE 2428 Flexibility, Core, and Balance (falls and springs), PE 2640 Burdenko (springs only), PE 2831 Resistance Training Techniques (falls and springs).

\*\*General Education Directions: students need one each of SSDI, CTDI, and PPDI AND 16 TOTAL credits (e.g. students may complete this requirement with four 4-credit courses).

\*\*\*Students have two choices for their psychology option: PBH 3210 Social & Behavioral Health Psychology or CC 3860 Psychological Aspects of Sport (springs, odd years).